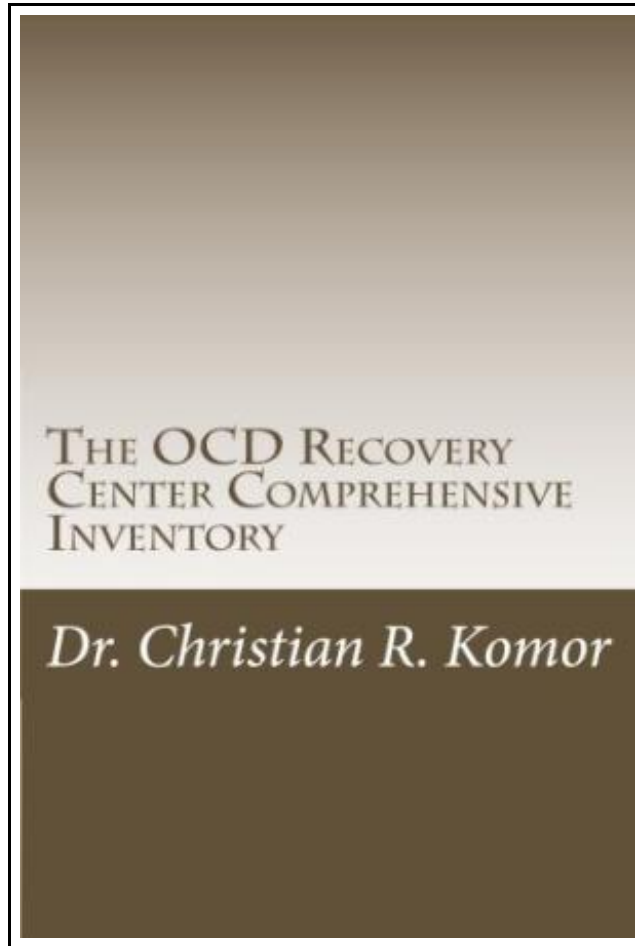


## The Ocd Recovery Center Comprehensive Inventory



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## THE OCD RECOVERY CENTER COMPREHENSIVE INVENTORY

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Createspace, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This assessment instrument was over 10 years in the making. During most of that time I was traveling the United States on seminar tours where I had the amazing opportunity to train thousands of colleagues in optimal diagnosis and treatment of Obsessive Compulsive Spectrum disorders. Occasionally we would have people with OCD in the seminar. Often the professional in the audience were not aware of how unique it was to have someone with OCD teaching how to treat OCD. The attendees with OCD got it touch and, though I would often get standing ovations, their applause at the end of the day was always the most warm and vigorous. They knew that I got it. While I have great respect for my fellow mental health professionals who attempt to understand and assist people with OCD, the reality is you just can't fully get it unless you are one of us. There are a number of paper and pencil instruments designed to gather data from people with OCD to augment treatment planning and progress, the most common among them the Yale-Brown Obsessive Compulsive Scale. This special assessment instrument was developed from the point of view of the person with OCD. As such it focuses on collecting information that will lead to one very specific goal - assisting the person completing the survey in feeling better! My goal in its construction was to elicit the kind of information which OCD sufferers have told me they want their treatment provides to have. In a sense taking a test, survey or inventory is participating in research - generating data. I believe all healthcare research must demonstrate the ability to improve the...

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